

**IDAHO PERSON-CENTERED PLANNING IMPLEMENTATION GRANT**  
**Real Choice Systems Change Grants for 2007**  
**CFDA 93.779**

**ABSTRACT**

As Idaho moves toward a more consumer-directed service system for people with developmental and other disabilities, person-centered planning increases in importance and value. Although interest in the concept has been high, it has been offered sporadically. Various models and curricula have been used and the process is not effectively embedded in the system. Stakeholder discussions have revealed that there is not enough time to do real person-centered planning. There is also a lack of technical assistance from trained facilitators who also understand the importance of the informal networks around people with disabilities. Meeting these needs would make a real difference in the long-term successful inclusion of people with disabilities in their communities.

**PROJECT GOALS:** The goals of this project are to provide access to person-centered planning for adults with developmental disabilities and families of children with developmental disabilities (particularly those transitioning to adulthood) that 1) allows them to have maximum flexibility and control of their services and supports, 2) recognizes the importance of natural supports to successfully include people with developmental disabilities in Idaho's communities, 3) assesses the support needs of informal caregivers and natural supports and seeks to address those needs through a combination of community-based information, technical assistance, and consultation, and 4) embeds this model in state regulations and policies.

**TARGET POPULATION:** Individuals living with mental retardation/intellectual disabilities and developmental disabilities and youth with disabilities transitioning to adult status (and their families) statewide.

**ADDITIONAL COMPONENTS:** Self Direction and Comprehensive Community-Based Resource Directory (web-based)

**BUDGET:** The total budget for this project is **\$535,852**, including **\$35,919** in state match and **\$499,933** in federal Real Choice Systems Change Grant funds. State match will be provided through unmatched general funds appropriated to the Council on Developmental Disabilities, which will administer the grant. All project activities will be conducted collaboratively

with stakeholders statewide; person-centered planning training will be outsourced.

**STRATEGIES/IMPACT:** This grant will build on the success of and lessons learned from the collaborative implementation of the self-directed service model for adults with developmental disabilities and more recent efforts to create family-directed services for children with developmental disabilities who are Medicaid-eligible. It will provide access to planning experts and methods that focus on accessing community resources, sustaining natural supports, ensuring that participant direction is honored, and gathering data for quality assurance.